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Vocational qualifications develop practical skills and knowledge related to an employment area, and are designed to help students learn in a hands-on environment. A lot of the qualification is assessed by coursework set and marked by your child's teacher. This will be done throughout the duration of their KS4 course. To ensure the qualification is robust and as stretching as a GCSE, every Cambridge National has an exam. Your child will have two opportunities to take the test, one in January, and the other in June.

Outline content:

The Cambridge National in Sport Science offer learners the opportunity to study key areas including: Anatomy and physiology, Health and fitness testing, Injury recognition and prevention, The principles of training and application of training methods, Psychology in sports performance, How technology is used /benefits the sporting industry, Nutrition for sports performance.

Assessment including external examinations and controlled assessments:

This course will consist of 4 units, two mandatory and two chosen from the following list.

Two compulsory units;

- ✓ Reducing the risk of sports injuries - Written exam 1 hour – **(60 marks)**
- ✓ Applying principles of training – coursework – **(60 marks)**

Two additional coursework units selected from the following list, each (60 marks)

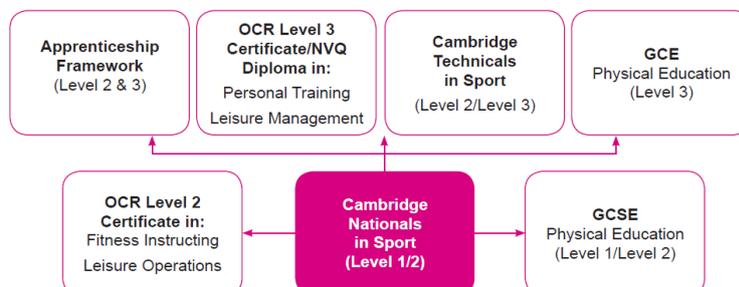
The body's response to physical activity, Sport psychology, Sports nutrition, Technology in sport

All results are awarded on the following scale:

Each unit is made up of 4 or 5 learning objectives totalling 60 marks. Students will be assessed and marked in each learning objective / task. The overall marks will be calculated and graded within the boundaries below.

Level 2	Marks / 240	GCSE Equivalent	Level 1	Marks / 240	GCSE Equivalent
Distinction* (*2)	216	8/9	Distinction (D1)	121	3
Distinction (D2)	193	7	Merit (M1)	97	2
Merit (M2)	169	5/6	Pass (P1)	73	1
Pass (P2)	145	4			

Future progression (e.g. what courses might follow on in post-16 education)



Skills, personal qualities and commitments required to take this course:

You need to be resilient, able to work independently and have a genuine interest in physical activity and its wider contexts. This specification requires use of ICT equipment through the production of coursework, mathematics to analyse data and literacy skills in order to write up and communicate findings.

Homework:

Homework will be regularly set to aid with coursework preparation. Coursework can also be completed and developed at home.

