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### Outline content:

The Award gives learners the opportunity to develop sector-specific knowledge and practical skills in health and social care that are transferable to many different paths. This Award complements the learning in GCSE programmes such as GCSE English and Biology. The main focus is on four areas of equal importance:

- Development of key skills that prove your aptitude in health and social care such as interpreting data to assess an individual's health
- Processes and effective ways of working in health and social care, such as designing a plan to improve an individual's health and wellbeing
- Attitudes that are considered most important in health and social care, including the care values that are vitally important in the sector, and the opportunity to practise applying them
- Knowledge of effective use of skills, process and attitudes in the sector such as human growth and development, health and social care services, and factors affecting people's health and wellbeing.

### Learners will study three areas:

*Component 1- Explore how individuals develop and adapt:*

- **explore** how individuals develop physically, emotionally, socially and intellectually over time
- **investigate** how various factors, events and choices impact individuals' growth and development
- **discover** how people adapt to life events and cope with making changes.

*Component 2- knowledge and understanding of the sector and application of care values :*

- **learn** which health and social care services are available
- **identify** why people might need to use these services
- **discover** who's involved in providing these services
- **explore** what might stop people from accessing the services they need
- **look** at the care values the sector has to make sure people get the care and protection they need.

*Component 3- apply their knowledge to a real life scenario:*

- **learn** what 'being healthy' means to different people
- **explore** the different factors that might influence health and wellbeing
- **identify** key health indicators and how to interpret them
- **assess** an individual's health using what they've learned
- **create** a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available
- **reflect** on the potential challenges the person may face when putting the plan into action.

### Assessment including terminal examinations and controlled assessments:

The course consists of 2 units of internally assessed assignments, worth 30% each of the student's final grade. There is one externally assessed component, worth 40% and taken near the end of the course.



### Examples of learning activities (e.g. offsite visits; group learning; research; use of ICT etc.)

There will be opportunities for visits to care settings. Both components 1 and 2 require you to carry out your own research which will involve the use of ICT. You will apply your knowledge to case studies and real life scenarios throughout the course. You may also interview individuals for your research into life events. Practical tasks such as demonstrating care values in real life situations and reviewing your own performance is a key part of component 2.

### Future progression (e.g. what courses might follow on in post-16 education)

Study of the Health and Social Care qualification will help learners to make more informed choices for further learning.

- A Levels as preparation for entry to higher education in a range of subjects
- Study of a vocational qualification at Level 3, which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in aspects of health or social care.
- Studying health and social care as a technical certificate
- Post 16 level 2 study in a range of technical routes

Some students go into apprenticeships in related fields such as:

- Nursing
- Social work
- Midwifery
- Dental work
- Youth work
- paramedics



### Skills:

The personal qualities or commitments essential for this course:

- Excellent organisation skills
- Work independently
- Research skills, including use of ICT
- Extended writing- for assignments and for the exam
- Excellent communication and sensible behaviour



### Possible future careers that this course supports:

3 million people in the U.K currently work in health or social care:

- Nursing
- care assistant
- healthcare support worker
- paramedic
- midwife
- social services officer
- social worker
- occupational therapist
- Activities co-ordinator
- Technicians

